



2024


Specialized Mental Health Care, Without the Wait

In-Person & Virtual Services

When mental health challenges get in the way of living your best life, we're here to help. Compass Health Center provides immediate access to in-person and virtual specialized mental health treatment—from anxiety, OCD, trauma, and depression to school refusal, screen dependency, and substance use disorders—our age-specific programs are thoughtfully tailored for children, teens, young adults, and adults.

About Compass Health Center

Compass Health Center offers in-person and virtual mental health care for individuals requiring more support than traditional outpatient therapy. We offer immediate access to our Partial Hospitalization (PHP) and Intensive Outpatient (IOP) programs, providing a vital solution for those in crisis and offering specialized care without the need for emergency room visits or inpatient hospitalizations. Our multidisciplinary and specialized approach includes psychiatry, group, family, and individual therapy, medication management, effectively addressing a wide range of mental health symptoms and diagnoses.



Same or next day starts



See a psychiatrist within 24 hours of starting a program



Treatment of complex diagnoses



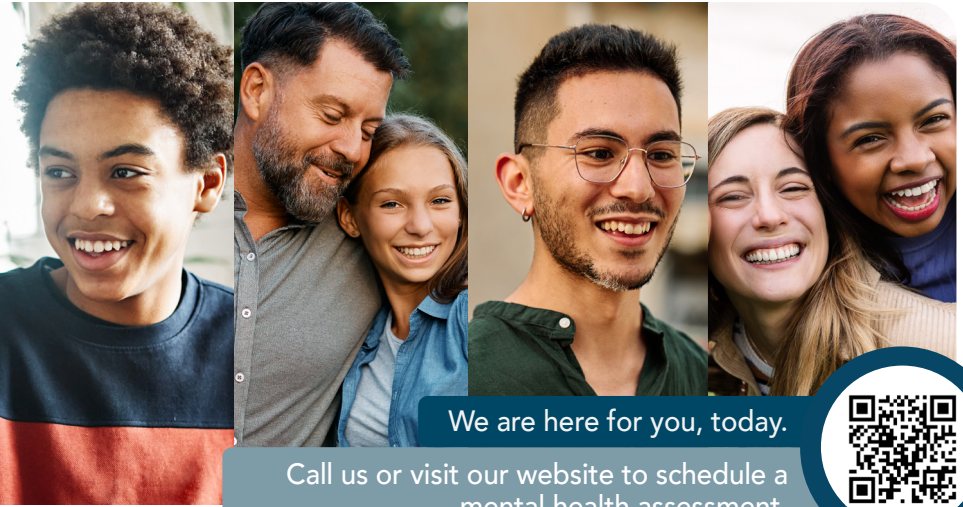
Ongoing check-ins with dedicated psychiatrist or nurse practitioner



In-person and virtual care options

IN-PERSON PROGRAM OFFERINGS*	YOUNG CHILD 5-10 YRS	CHILD 8-13 YRS	ADOLESCENT 13-18 YRS	YOUNG ADULT 18-23 YRS	ADULT 24+ YRS
Partial Hospitalization (PHP)	✓	✓	✓	✓	✓
Intensive Outpatient (IOP)	✓	✓	✓	✓	✓
After-School (IOP)	✓	✓	✓		
Psychiatry	✓	✓	✓	✓	✓
Family Therapy	✓	✓	✓	✓	✓
Education Support	✓	✓	✓		
Family Support Groups	✓	✓	✓	✓	
Resource Support				✓	✓
Experiential Therapy (art, pet, recreation, yoga, improv)	✓	✓	✓	✓	✓
AREAS OF FOCUS					
Mood (depression, bipolar)	✓	✓	✓	✓	✓
Anxiety (general, panic, social, and others)	✓	✓	✓	✓	✓
School Anxiety & Refusal	✓	✓	✓		
OCD	✓	✓	✓	✓	✓
Mental Health & Substance Use			✓	✓	✓
Trauma				✓	✓
Mental Health, Pain, and Illness				✓	✓

*Ages and specialties vary by state and location. Please visit compasshealthcenter.net to learn more.



We are here for you, today.

Call us or visit our website to schedule a mental health assessment.



In-person and virtual programs available:

ILLINOIS:

CHICAGO
NORTHBROOK
OAK BROOK

MARYLAND:

SILVER SPRING

WISCONSIN:

COMING SOON

We are in-network with most commercial health plans.
Contact us to learn more.

 877.552.6672

 compasshealthcenter.net

